



**ADVANCED
PET CARE CLINIC**

"De-Tails"

September/October 2011 Vol. 2

As pet-owners, we are all aware of the special human-animal bond that we share with our furry friends. Our moods are lifted when we are greeted at the door with joyful tail-wagging and kisses, or with purring and a head-butt from our feline companions. It's only recently that scientific studies have been done to evaluate this special bond and the physical and mental health benefits from owning a pet are numerous.

Pet owners are more likely to have lower blood pressure in stressful situations and lower triglyceride and cholesterol levels, which are indicators of heart disease. Playing with pets can increase levels of serotonin and dopamine, which calm and relax. Pet-owners over age 65 make 30 percent fewer visits to the doctor and heart attack victims with pets survive longer than those without.

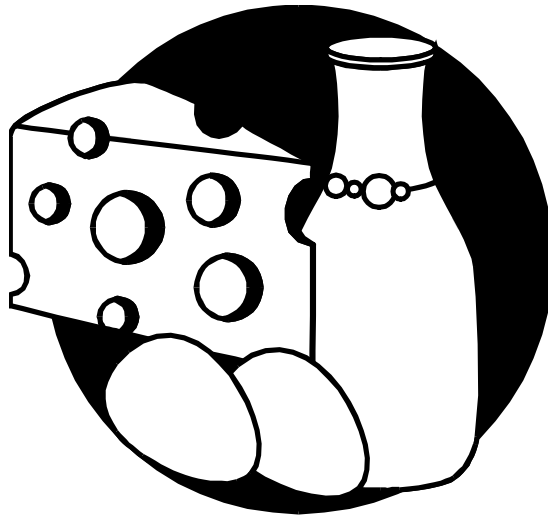
Pets fulfill the basic human need to touch, ease loneliness and stimulate healthy exercise for their owners, which of course can boost mood. They also help us meet new people whether it's at a dog park, pet store, or training class.



In older pet-owners, they help to effectively handle life's major changes such as retirement, loss of loved ones and aging. They add routine and structure to the day and give meaning and joy.

There are so many ways pets add to our lives and encourage us to stay happy and healthy. Numerous programs are available that utilize pet therapy, from those that help children and adults with disabilities to some that help war veterans cope with everyday life.

Cats have always been synonymous with milk. We see them all the time in commercials and movies drinking milk from a saucer. However, a large portion of cats are actually lactose intolerant. Dairy products may possibly wreak havoc on their digestive systems, causing diarrhea and/or vomiting. This happens for the same reason that it happens in humans. They are not able to produce the digestive enzyme, called lactase, to break down the sugars in milk. Cow's milk is also inadequate for kittens and cats. It is basically lactose overload compared to what they would get from their mother's at birth. The casein to whey protein proportion is all wrong for cats as well. Cats do not actually need milk, so it's probably best to find a different treat for kitty that won't upset her tummy!



Advanced Pet Care Clinic

Mon. 7:30-5:30

Tues. 7:30-8:00

Wed. 7:30-5:30

Thurs. 7:30-5:30

Fri. 7:30-5:30

Sat. 8:00-10:00

Warm Hearts Caring for Cold Noses!

Don't forget October is Breast Cancer Awareness Month! Let your pet support the cause with **PINK TOE NAILS!** Only \$5 with our groomers, Heather and Samantha!

Refer your friends and family and you will receive a \$5 credit to your account and they will get a FREE exam (\$35 value) with purchase of vaccines!

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