

# Bon Voyage

TO FELINE TRANSPORT AND  
VET-VISIT ACUTE ANXIETY AND FEAR

WITH

**Bonqat**®   
(pregabalin oral solution)



The first and only FDA-approved treatment for alleviation of acute anxiety and fear associated with transportation and veterinary visits in cats.

**IMPORTANT SAFETY INFORMATION:** Not for human use. Do not use in cats with known hypersensitivity to pregabalin. Use with caution in cats with cardiac disease, hypertension, renal disease, or severe systemic disorders. The safe use of Bonqat has not been evaluated in breeding, pregnant, or lactating cats; in cats younger than 7 months of age; in cats with cardiac disease, hypertension, renal disease, or severe systemic disorders; or in conjunction with opioids and other sedatives. The most common side effects are incoordination, lethargy, and vomiting. See full Prescribing Information at [BonqatPI.com](http://BonqatPI.com) and attached.

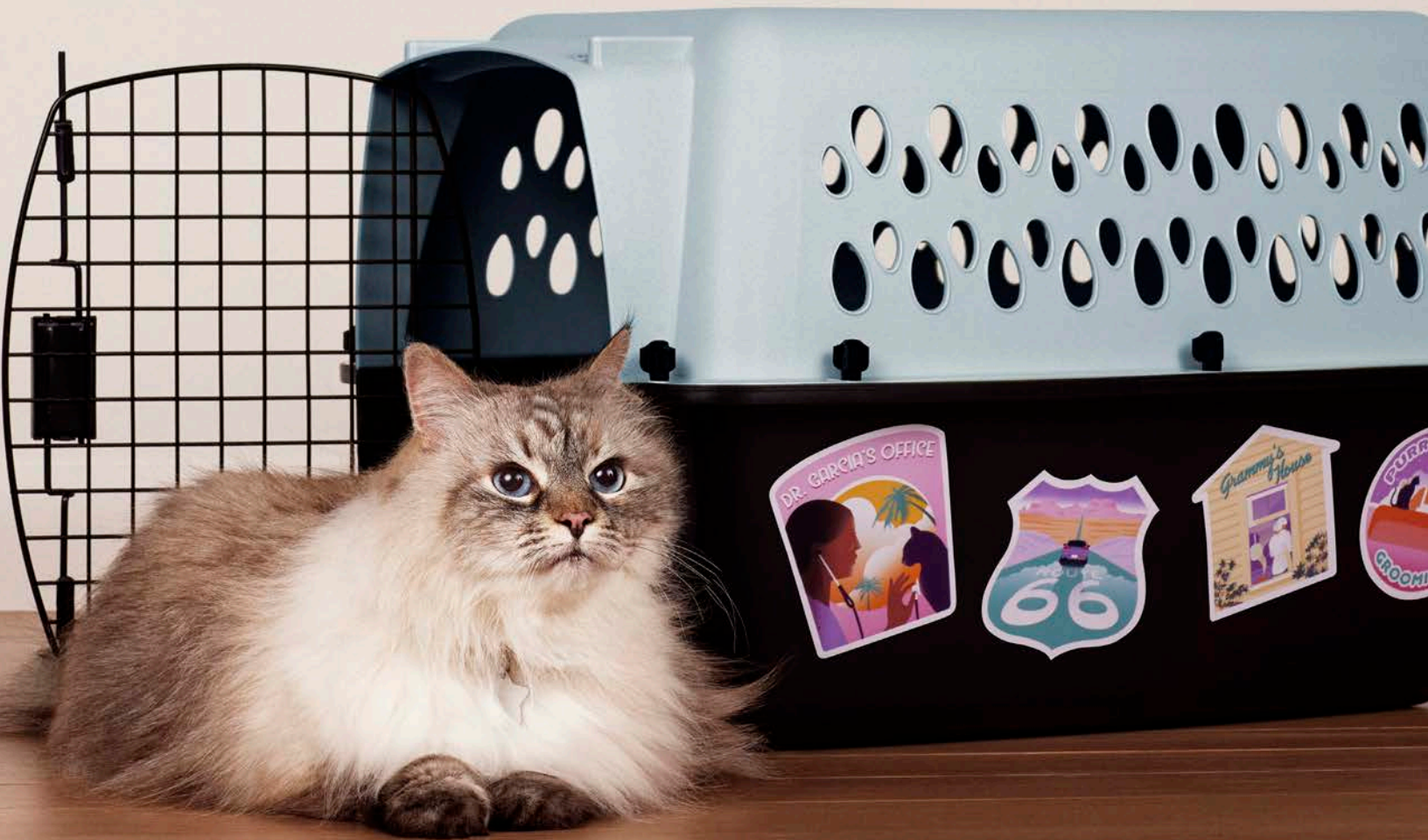
## Do You Struggle to Get Your Cat Into the Car or Carrier?

It may be due to feline acute anxiety and fear of transport and vet visits

**59%** of cats were reported to **show signs of distress during car travel**<sup>1</sup>

**66%** of cats were reported to **show signs of distress during veterinary visits**<sup>1</sup>

Behaviors related to acute anxiety and fear are among the reasons many cat owners don't bring their cats to the vet's office or other places outside of the home.<sup>2</sup>



## Is Your Cat Suffering From Acute Anxiety and Fear of Transportation and Vet Visits?

The signs may be hard to recognize, or they could be obvious, but they're all still very serious



Continuous licking/  
grooming



Freezing/  
crouching



Tail  
flicking



Flattening  
of ears



Dilation  
of pupils



Intense breathing/  
panting



Restlessness



Trying to escape



Vocalizing



Resistance (aggression)

If not managed, signs of distress have the potential to worsen over time.<sup>3</sup> If your cat has been displaying any of the behaviors above—when traveling or at the vet's office—it might be time to seek treatment.

## Discover More Paw-sibilities With Bonqat® (pregabalin oral solution)

The first and only FDA-approved medicine to alleviate acute anxiety and fear associated with transportation and veterinary visits in cats



Bonqat is **approved as safe and effective** in alleviating acute anxiety and fear associated with transportation and veterinary visits in cats



It is given by mouth **1.5 hours before the start of travel** and is slowly eliminated from the cat's body, which allows for **flexible timing** for transport and the vet visit



More importantly, **Bonqat is not a sedative.\*** It's designed to target the specific brain chemicals involved in feline acute anxiety and fear. Best of all, Bonqat is **a small liquid dose that is easy to give and is well accepted by most cats.**<sup>4</sup> It can be given with a small amount of food

\*In a clinical study, 3 out of 108 cats experienced sedation that resolved without treatment.

# It's Time to Talk to Your Vet About Bonqat® (pregabalin oral solution)

## How to prepare for your first visit



Bonqat is prescribed by a veterinarian. Talk to your vet to see if Bonqat may be right for your cat. Here are some tips and tricks to help make your first visit easier

## Before Your Journey



If possible, **schedule your cat's appointment during the vet clinic's quieter times** to help make the visit less stressful for your cat

## Ways You Can Improve Your Cat's Carrier Experience

- **Set up the carrier in a safe place at home** where your cat can hang out on a regular basis—avoid taking the carrier out only when it's time to go to the vet
- Give your cat **treats inside the carrier**
- Place a blanket in your cat's bed, and after a few days, **transfer the blanket into the carrier for a familiar scent**
- **Avoid harsh-smelling disinfectants** when cleaning the carrier
- When holding the carrier, **always carry it from the bottom** to offer more support



## During Your Journey



**Cover your cat's carrier** with a blanket



**Ensure the carrier is secure** with a safety belt or harness

## At the Office

- Support the carrier from the **bottom**
- Place the carrier in a spot in the waiting room that is **elevated and away from other animals**
- Keep the carrier **covered** while waiting

# Bon Voyage

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VET-VISIT ACUTE ANXIETY AND FEAR

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**Bonqat**®   
(pregabalin oral solution)



**1.5  
HOURS**

Given by mouth **1.5 hours before the start of travel** and is slowly eliminated from the cat's body, which allows flexible timing



Is a **small liquid dose that is easy to give and is well accepted by most cats**<sup>4</sup>



**Not a sedative\***—it's designed to target the specific brain chemicals involved in feline acute anxiety and fear



The **first and only FDA-approved medicine** to alleviate acute anxiety and fear associated with transportation and veterinary visits in cats



**Get more information and resources about Bonqat.**  
Click or scan the QR code with your smartphone camera to visit [BonqatUS.com](https://BonqatUS.com)

\*In a clinical study, 3 out of 108 cats experienced sedation that resolved without treatment.

**References:** **1.** Mariti C, Guerrini F, Vallini V, et al. The perception of cat stress by Italian owners. *J Vet Behav.* 2017;20:74–81. doi:10.1016/j.jveb.2017.04.002 **2.** Caney SM, Robinson NJ, Gunn-Moore DA, Dean RS. Happy cats: stress in cats and their carers associated with outpatient visits to the clinic. *J Feline Med Surg.* 2022;24(12):e551–e557. doi:10.1177/1098612X221121907 **3.** Mariti C, Bowen JE, Campa S, Grebe G, Sighieri C, Gazzano A. Guardians' perceptions of cats' welfare and behavior regarding visiting veterinary clinics. *J Appl Anim Welf Sci.* 2016;19(4):375–384. doi:10.1080/10888705.2016.1173548 **4.** Lamminen T, Korpivaara M, Aspegrén J, Palestrini C, Overall K. Pregabalin alleviates anxiety and fear in cats during transportation and veterinary visits—a clinical field study. *Animals (Basel).* 2023;13(3):371. doi:10.3390/ani13030371

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**zoetis**

## Package Insert

# Bonqat<sup>®</sup> (pregabalin oral solution)

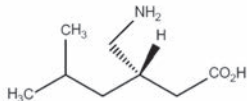
Each mL of BONQAT contains 50 mg pregabalin.  
For oral use in cats only.

### CAUTION:

Federal law restricts this drug to use by or on the order of a licensed veterinarian.

### DESCRIPTION:

Each mL of BONQAT contains 50 mg pregabalin. The chemical name of pregabalin is (3S)-3-(aminomethyl)-5-methylhexanoic acid. It is a white or almost white powder having a molecular weight of 159.23g/mol. The molecular formula is C<sub>8</sub>H<sub>17</sub>NO<sub>2</sub> and the structural formula is:



### INDICATIONS:

BONQAT is indicated for alleviation of acute anxiety and fear associated with transportation and veterinary visits in cats.

### DOSAGE AND ADMINISTRATION:

**Client Information Sheet is on the reverse of this package insert.**

**Always provide client information sheet with prescription.**

BONQAT is administered orally as a single dose of 5 mg/kg (0.1 mL/kg) approximately 1.5 hours before the start of the transportation or veterinary visit and can be given on two consecutive days.

If the cat weighs more than 22 pounds, the total dose will need to be calculated and given in two separate doses as the syringe holds a maximum of 1 mL of solution.

A small amount of food can be given with BONQAT.

### CONTRAINDICATIONS:

Do not use in case of hypersensitivity to pregabalin or to any of the excipients (sodium benzoate, ethyl maltol, hydrochloric acid, sodium hydroxide).

### WARNINGS:

#### Human Safety Warnings:

**Not for human use.**

Appropriate precautions should be taken while handling BONQAT. Avoid skin contact, eye contact, or contact with mucous membranes.

Symptoms of exposure to pregabalin include dizziness, sleepiness, blurred vision, weakness, dry mouth, and difficulty with concentration or attention.

In case of accidental eye or mucosal exposure, flush with water for 15 minutes. If wearing contact lenses, eyes should be rinsed first, then remove contact lenses and continue rinsing. Seek medical advice if symptoms occur.

In case of skin contact, wash with soap and water immediately. Remove contaminated clothing. Seek medical advice if symptoms occur.

In case of accidental ingestion, seek medical advice if symptoms occur. Do not drive as sleepiness may occur. In case of ingestion by a child, seek medical attention immediately. Show the package insert or the label to the physician.

### Drug Abuse, Addiction, and Diversion

Controlled Substance:

BONQAT contains pregabalin, a Schedule V controlled substance.

**Abuse:** Abuse is defined as the intentional, non-therapeutic use of a drug, even once, to achieve a desired psychological or physiological effect. Pregabalin is not known to be active at receptor sites associated with drugs of abuse. However, pregabalin is associated with drug liking and is known to be misused and abused in the community, particularly in combination with opioids. Consider the potential risks of misuse or abuse before prescribing this product. Signs of pregabalin misuse or abuse include drug seeking behavior.

Pregabalin should be handled appropriately to minimize the risk of diversion, including restriction of access, the use of accounting procedures, and proper disposal methods, as appropriate to the clinical setting and as required by law.

**Note to physician:** BONQAT contains pregabalin.

The safety data sheet (SDS) contains more detailed occupational safety information. To report adverse reactions in users or to obtain a copy of the SDS for BONQAT contact Zoetis Inc. at 1-888-963-8471.

**Animal Safety Warnings:** Some cats may experience hypothermia, depression, drowsiness, muscle tremors, and/or ataxia. These cats should be kept warm and not offered food or water until BONQAT's effects have worn off (usually within 6 hours). (See **TARGET ANIMAL SAFETY**)

Keep BONQAT in a secure location out of reach of dogs, cats, and other animals to prevent accidental ingestion or overdose.

### PRECAUTIONS:

Use with caution in cats with concurrent cardiac disease or hypertension because BONQAT may cause bradycardia and reflex hypertension. The safety of BONQAT has not been evaluated in cats with concurrent cardiac disease or hypertension.

The safe use of BONQAT in cats younger than 7 months of age has not been evaluated.

The safe use of BONQAT used in conjunction with opioids and other sedatives has not been evaluated.

Use with caution in cats with pre-existing renal disease (See **Clinical Pharmacology**).

The safe use of BONQAT in cats with severe systemic disorders has not been evaluated. Use with caution in cats with severe systemic disorder.

The safe use of BONQAT in breeding, pregnant, and lactating cats has not been evaluated.

### ADVERSE REACTIONS:

In a well-controlled European field study, which included a total of 238 cats (108 treated with BONQAT at the label dose of 5 mg/kg, 29 treated with BONQAT at a dose of 2.5 mg/kg, and 101 administered placebo control), 5 months to 15 years of age and weighing 1.8 to 10.3 kg, the following adverse reactions were reported:

Table 1. Adverse reactions

Adverse reaction	Pregabalin 5 mg/kg N=108	Pregabalin 2.5 mg/kg N=29	Placebo N=101
Ataxia	5 (4.6%)	1 (3.4%)	0
Lethargy	3 (2.8%)	2 (6.9%)	0
Emesis	2 (1.9%)	0	0
Proprioception abnormality	1 (0.9%)	1 (3.4%)	0
Muscle tremor	1 (0.9%)	0	0
Anorexia	1 (0.9%)	0	0
Weight loss	1 (0.9%)	0	0
Mydriasis	0	1 (3.4%)	0

### CONTACT INFORMATION:

To report suspected adverse events, for technical assistance or to obtain a copy of the SDS, contact Zoetis Inc. at 1-888-963-8471.

For additional information about adverse drug experience reporting for animal drugs, contact FDA at 1-888-FDA-VETS or online at [www.fda.gov/reportanimalae](http://www.fda.gov/reportanimalae).

### INFORMATION FOR CAT OWNERS:

Possible side effects on BONQAT include incoordination, tiredness, and vomiting. Some cats might be more sensitive to BONQAT; if the cat appears to be uncoordinated or overly tired, it should be kept warm and not offered food or water until the effect of BONQAT has worn off. This will normally happen within a few hours. If there are further concerns related to side effects after dosing the veterinarian should be contacted.

BONQAT must not be re-dosed if the cat spits part of the dose, vomits after treatment, or in case of hypersalivation, or if BONQAT does not seem to have any effect.

Always provide the Client Information Sheet with prescription.

Keep BONQAT in a secure location out of reach of children, dogs, cats, and other animals to prevent accidental ingestion or overdose.

### CLINICAL PHARMACOLOGY:

#### Absorption

BONQAT is rapidly absorbed after oral administration in cats. Following oral administration of 5 mg/kg to fasted cats the maximum observed concentration (C<sub>max</sub>) in plasma was 10.1 ± 0.8 (SD) µg/mL and occurred at 0.5-1.0 hours post-dose. The area under plasma concentration time curve from time zero to the last quantifiable time point (AUC<sub>last</sub>) was 199 ± 27 µg·h/mL. The mean absolute oral bioavailability was 94.3%.

#### Distribution

BONQAT has a relatively large volume of distribution. After intravenous (IV) bolus administration of 2.5 mg/kg, the volume of distribution at the steady state (V<sub>ss</sub>) was 0.4 ± 0.02 L/kg in cats. BONQAT is not known to bind to plasma proteins in other species, but this has not been studied in cats.

#### Metabolism and excretion

BONQAT is slowly eliminated from the body of cats. After IV bolus administration of 2.5 mg/kg, total plasma clearance was 0.03 ± 0.008 L/h/kg. The mean half-life of elimination from circulation was 12.3 ± 3.1 hours after IV administration of 2.5 mg/kg and 14.7 ± 2.7 hours after oral administration of 5 mg/kg.

Elimination of the parent compound as well as the methylation metabolite from circulation occurs almost exclusively by renal excretion in other species. This has not been studied in cats.

#### Mechanism of Action

Pregabalin is a ligand of alpha2-delta subunit of voltage-gated calcium channels. It reduces the presynaptic calcium influx in neurons and thereby the release of various neurotransmitters, including glutamate, norepinephrine, serotonin, dopamine, substance P and calcitonin gene-related peptide.

### EFFECTIVENESS:

The effectiveness of BONQAT was demonstrated in a well-controlled multi-center field study conducted in Europe. A total of 238 cats with a history of being anxious and/or fearful when transported by a car and during veterinary visits were allocated to 1 of 3 treatment groups: 108 cats received BONQAT orally at a dose of 5 mg/kg, 29 cats received BONQAT at a dose of 2.5 mg/kg and 101 cats received placebo (vehicle oral solution containing no active ingredient). The study included assessments during transportation and veterinary examination at a screening visit and a treatment visit. To keep both study visits as similar as possible, all cats were administered tap water prior to the screening visit. Prior to the treatment visit, each cat was administered its randomized treatment. The treatment visit was conducted 5-10 days after the screening visit in a similar manner as the screening visit. Doses were administered approximately 1.5 hours before the cat was put into the carrier and starting of the transportation to the visits. The cats were between 5 months and 15 years of age and weighed 1.8 to 10.3 kg.

Treatment success was defined with 2 primary effectiveness endpoints: the owner's assessment of the treatment effect based on the cat's anxiety and/or fear during transportation in a car and the veterinarian's assessment of the treatment effect based on the cat's anxiety and/or fear during physical examination at the clinic. These endpoints were based on the following scale (1- Excellent, 2- Good, 3- Fair, 4- Poor, 5- Very Poor).

The treatment effect was statistically significant for both primary effectiveness variables (p < 0.0010) in the group administered BONQAT at the dose 5 mg/kg compared to the placebo group. In the 5 mg/kg group, cat owners assessed the response as excellent or good during the transportation in 54.3% of cases; the corresponding proportion in the placebo group was 27.1%. In the 5 mg/kg group, the veterinarians assessed the response as excellent or good during the clinical examination in 52% of cases; the corresponding proportion in the placebo group was 30%. The 2.5 mg/kg group was not statistically different than placebo for both primary variables.

The owner's assessment of ability to place the cat into the carrier was improved from screening to treatment visit in the group administered BONQAT at the dose of 5 mg/kg compared to the placebo group. The owner-assessed signs of anxiety and/or fear decreased from screening to treatment visit in the 5 mg/kg group compared to the placebo group. Based on the owners' observations, vocalization, panting/intense breathing, activity, resistance, and freezing were the signs with the greatest improvement between screening and treatment visits in the 5 mg/kg group. The majority of the cat owners assessed administration of BONQAT as either very easy or easy.

## TARGET ANIMAL SAFETY:

In a margin of safety study, 32 healthy, 7-month-old Domestic shorthair cats (4/sex/group) were administered a negative control or BONQAT for six consecutive days by once daily oral administration at dose levels of 5, 15, and 25 mg/kg/day.

At 5 mg/kg/day, observed signs of sedation included: abnormal gait, slight to moderate uncoordinated behavior, decreased activity, slightly limited usage of hind limbs, lying on side, hypothermia and/or drowsy appearance (i.e. depression, drowsiness, and/or ataxia). Clinical signs of sedation were resolved at the four-hour clinical observation. One male and one female cat had hypothermia observed two to four hours post-dose respectively, the lowest body temperature value was 99°F. Cats had a decrease in heart rate with maximum effect at six hours, but the heart rates stayed within normal range. All adverse observations were resolved by six hours after dosing on the first day of treatment.

At 15 and 25 mg/kg/day, signs of sedation were observed in all cats and included ataxia, lethargy, slightly to moderately limited usage of hind limbs, slight to severe uncoordinated behavior, partially to completely closed eyes, lying on side, dilated pupils, hypothermia, and/or drowsy appearance (i.e. depression, drowsiness, and/or ataxia). On Day 1, all cats had a decreased body temperature at one or more timepoints, the lowest values were 97.8°F when dosed at 15 mg/kg/day and 98.2°F when dosed at 25 mg/kg/day. One cat dosed at 25 mg/kg/day had a loss of consciousness, abnormal gait, eyes closed, decreased activity, lying on side, sedation, salivation, vomiting, hypothermia, and uncoordinated behavior. This cat recovered by the four-hour observation. Directly after dosing, slight to severe salivation was observed in multiple cats on one or more days. Cats had decreased heart rate with maximum effect at two to six hours, some cats had bradycardia (120-130 bpm). The majority of cats maintained a normal blood pressure, but a few cats with bradycardia had a reflexive hypertension. Most adverse observations resolved by eight hours after treatment administration.

In a second margin of safety study, 32 healthy, 1 to 3 years old Domestic shorthair cats (4/sex/group) were administered a negative control or BONQAT for 3 consecutive days by once daily oral administration at dose levels of 5, 15 and 25 mg/kg/day. Directly after dosing, slight to severe hypersalivation was noted in all dose groups.

At 5 mg/kg/day, signs of sedation were observed in 6 of 8 cats, and included: abnormal gait, hypothermia, decreased respiratory rate and/or lethargy. These signs were observed between 1 and 6 hours after dosing on the first day of treatment. On Day 2, at six hours post-dose, one cat had muscle tremors that resolved without treatment by the 8-hour observation. Three cats had bradycardia (120-128 bpm) with maximum effect from two to six hours post-dose, but the heart rate remained within the normal range for the other five cats.

At 15 and 25 mg/kg/day, signs of sedation observed in all cats included: ataxia, hypothermia, lethargy, uncoordinated behavior, decreased respiratory rate, and/or they were cold to the touch. The signs of sedation were observed for 12 hours after dosing. One cat in the 15 mg/kg/day dose group had muscle tremors at four hours post-dosing as well as ataxia, lethargy, hypothermia, and a decrease in heart rate. Cats had a decrease in heart rate with maximum effect at two to six hours, a few cats had bradycardia (106-122 bpm). The majority of cats maintained a normal blood pressure, but a few cats with bradycardia had a reflex hypertension. One cat in the 15 mg/kg/day dose group had bradycardia with reflex hypertension at two hours post-dose followed by a reflex tachycardia at six- and eight-hours post-dose.

## STORAGE INFORMATION:

Store the bottle in a refrigerator at 2-8°C (36-46°F). Use bottle contents within six months after the first opening of the bottle. Up to one month of this time the bottle can be stored at or below 25°C (77°F).

## HOW SUPPLIED:

BONQAT is packed in a clear 5 mL glass bottle containing 2 mL of BONQAT (pregabalin oral solution) at 50 mg/mL. The bottle has a child resistant closure and an oral dosing syringe adapter. The bottle is further packed into a carton with a package insert and an oral dosing syringe (1 mL).

Approved by FDA under NADA # 141-580

BONQAT® is a trademark of Orion Corporation.

Manufactured by:

**ORION PHARMA**  
Orion Corporation  
Turku, Finland

Distributed by:

**zoetis**  
Zoetis Inc.  
Kalamazoo, MI 49007

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160473-1A&P

# Bonqat®

(pregabalin oral solution)

## CLIENT INFORMATION SHEET FOR OWNER/HANDLER USE AND SAFETY

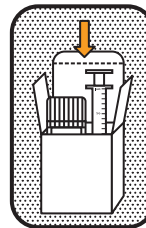
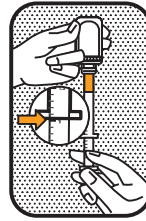
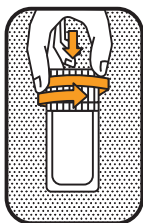
This sheet summarizes the basic information about BONQAT and does not replace the instructions from your veterinarian.

Talk to your veterinarian if you have questions regarding any part of this information or if you want to know more about BONQAT.

### INSTRUCTIONS FOR USE

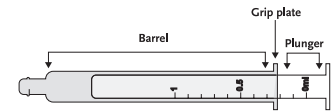
#### 1. REMOVE CAP

Remove the cap from the bottle (press down and twist). Save the cap for reclosure.



## 2. CONNECT SYRINGE

Push the syringe tightly into the adapter located at the top of the bottle. Use only the syringe provided with the product.



## 3. SELECT DOSE

Turn the bottle with the syringe in place upside down. Pull the plunger out until the black line of correct dose (mL) (prescribed by your veterinarian) can be seen under the grip plate of the syringe barrel.

If the cat weighs more than 22 pounds, the total dose will need to be calculated and given in two separate doses as the syringe holds maximally only 1 mL of solution.

Don't leave the filled dosing syringe unattended while preparing the cat for administration.

## 4. GIVE DOSE

Gently place the syringe in the mouth of the cat and administer the dose to the base of the tongue by gradually pressing the plunger until the syringe is empty.

If the dose cannot be given directly into the mouth the dose can be mixed with a small amount of the cat's favorite food. Do not leave additional food available for the cat after the dose has been administered as extra food may delay the onset of effect.

## 5. BACK TO PACKAGE

Screw the bottle cap back on tightly and rinse the syringe with water. Dry the syringe and put it, the bottle, and this Client Information Sheet back into the carton.

Store the carton in the refrigerator. Wash your hands when finished.

## What is BONQAT?

BONQAT is a prescription medicine containing pregabalin. It is used to treat cats afraid of travelling and veterinary visits. BONQAT is a colorless or slightly reddish solution packaged in a clear glass bottle.

## Can BONQAT be given with food?

The product can be given with a small amount of food (e.g. teaspoon of moist food or about ten kibbles of dry food.) Water can be freely available.

## When should I administer BONQAT and what should I expect after administering BONQAT?

BONQAT should be given approximately 1.5 hours before the start of transportation. Your cat should be more relaxed and easier to handle when put into the carrier, during car travel and at the veterinary visit.

## Can I give my cat more than one dose of BONQAT?

Do not repeat the dose of BONQAT. If the cat spits out part of the dose, vomits after treatment, drools excessively, or if BONQAT does not seem to have any effect, contact your veterinarian to discuss further treatment options.

## What are the possible side effects that may occur in my cat after being given BONQAT?

Possible side effects include incoordination, tiredness, and vomiting. Some cats might be more sensitive to BONQAT; if your cat appears to be uncoordinated or overly tired, keep it warm and do not offer food or water until the effect of BONQAT has worn off. This will normally happen within a few hours. Contact your veterinarian if you have concerns.

## What should I do if I have accidentally given my cat too much BONQAT?

Contact your veterinarian immediately.

## What if I get BONQAT in my eyes, nose or mouth?

BONQAT can be absorbed into your body through your eyes or mucous membranes (such as your nose and mouth). If BONQAT comes in contact with your eyes or mucous membranes, flush with plenty of water for 15 minutes. If wearing contact lenses, eyes should be rinsed first, then remove contact lenses and continue rinsing. Seek medical advice if symptoms occur. Symptoms of exposure to BONQAT can include dizziness, sleepiness, blurred vision, weakness, dry mouth, and difficulty with concentration or attention.

## What if I get BONQAT on my skin?

BONQAT does not absorb through intact skin, but if you have cuts or chapped skin, the drug can be absorbed into your body. In case of skin contact, wash immediately with large amounts of water. Remove contaminated clothing. Contact your physician if you have any questions or concerns.

To report side effects, call Zoetis Inc. at 1-888-963-8471.

## What else should I know about BONQAT?

BONQAT should only be given to the cat for which it was prescribed. This sheet provides a summary of information about BONQAT. If you have any questions or concerns about BONQAT or its effects on your cat, talk to your veterinarian.

## How do I store BONQAT?

Store the bottle with the dosing syringe and this Client Information Sheet in the carton inside a refrigerator at 2-8°C (36-46°F). Use bottle contents within six months after the first time you open the bottle. Up to one month of this time the bottle can be stored at room temperature (below 25°C (77°F)).

Keep BONQAT out of sight and reach of children and pets at all times.